

An organisation of COOL Huy asbl, with the support of the city of Huy

BEFORE PROGRAM





Practical information (general):

1) Swimmers' meeting (Registration and changing rooms):

Piscine de Huy (AquaHuy) - 4500 Huy, Avenue Godin-Parnajon 5

2) Meal meeting - Prize giving:

IPES Huy II - 4500 Huy, Avenue Delchambre 6

Timing:

09:00 - 09:45:	Distribution of hats and marking of numbers at the Huy swimming pool	
9:30 am:	Meeting of delegates and composition of the Jury at IPES Huy II	
10:15 am:	Start of the first race	
1:00 p.m.:	End of the last race – Reopening of the Meuse to navigation	
1:00 pm - 1:30 pm:	Beginning of meals at IPES Huy II	
From 2:30 p.m.:	Prize-giving + presentation of a souvenir to each participant in the IPES Huy II	

• Pre-registration and conditions:

Pre-registration required (deadline: 09/02/2025)

Computerized registration forms are available on the website:

http://www.traverseedelameuse.be

PAF: Free

Please note: Be registered with a swimming club with a "Cold Water" section or a cold water swimming federation is MANDATORY to participate in the event.

• <u>Amenities</u>:

Changing rooms, showers and toilets are available for swimmers and accompanying persons.

No service-Transport by coach between the arrival area and the departure area (max 500m on foot).

Return of swimmers' belongings (sweaters, bathrobes, etc.) by vehicle from the start area to the finish area.

Outdoor bar present in the finish area.

Safety ensured by the presence of boats and divers.



• Post-race meals :

The meal will take place at the IPES Huy II after the races.

Meal	Price
Pasta with 4 cheese sauce (With 1 appetizer and 1 dessert)	20€
Pasta with Bolognese sauce (With 1 appetizer and 1 dessert)	20€

It is mandatory to book your meal via the form available on the website:

http://www.traverseedelameuse.be

and to return it to the address coolhuy.secretariat@gmail.com.

Payment for the meal must be made to the "Cool Huy Asbl" account BE35 0689 3856 333, at the time of booking, to validate, with the communication "Surname-First Name - THM 2025 Meal".

No refunds will be possible except for exceptional reasons.

Last bookings and payments for 10/02/2025

• For all individual races:

1) Departure: call room, left bank, Quai de Compiègne, 4500 Huy.

Call from the participants 5 minutes before the start of the race

2) Finish: between the two yellow stripes, right bank, upstream of the Pont de l'Europe,

Quai d'Arona in 4500 Huy

Minimum distance: 125 metres (depending on the trajectory adopted during the crossing).

The cup number will be worn forward.

Race Rules:

Available on our website.



List of categories:

1	Women's breaststroke	1995 to 2004 (B)			
2	Men's breaststroke	1995 to 2004 (B)			
3	Women's breaststroke	2005 to 2015 (E)			
4	Men's breaststroke	2005 to 2015 (E)			
5	Women's breaststroke	1975 to 1984 (D) and 1985 to 1994 (C)			
6	Men's breaststroke	1985 to 1994 (C)			
7	Men's breaststroke	1975 to 1984 (D)			
8	Women's breaststroke	1965 to 1974 (E), 1964 and before (F)			
9	Men's breaststroke	1965 to 1974 (E), 1964 and before (F)			
	Break -> Baptisms along the wall (Right Bank)				
10	Women's Freestyle	1985 to 1994 (C), 1995 to 2004 (B), 2005 to 2015 (A)			
11	Freestyle Men	1985 to 1994 (C), 1995 to 2004 (B), 2005 to 2015 (A)			
12	Women's Freestyle	1975 to 1984 (D), 1965 to 1974 (E), 1964 and before (F)			
13	Freestyle Men	1975 to 1984 (D)			
14	Freestyle Men	1965 to 1974 (E), 1964 and before (F)			
Break + preparation of the relay					
15	Mixed Relay 4 x 1 crossing: (*)				
	1 man, 1 woman, 1 breaststroke, the rest of your choice				



Two individual races are allowed per swimmer (1x Breaststroke and 1x Freestyle)

The order of the races could be changed to, without penalizing swimmers, increase the recovery time of swimmers participating in several races. A program will be published and available on the day of the event.

Cancellation of the event:

In the event that the flow of the Meuse is greater than 600m³/s and/or the wind gusts are greater than 100km/h, the event in the Meuse will be cancelled.

For this edition, in the event of cancellation in the Meuse, the event cannot be moved to the swimming pool.

Relay runs will be cancelled if the flow exceeds 300m³/s.