



50th Winter Swimming Across the Meuse River

Sunday 26th February 2017

An event organised by the town of Huy and COOL Huy asbl

PRE-PROGRAMME

The event rules are following IWSA rules and FINA rules. However, the point 5.5 of FINA rules which decides minimum water temperature at 16°C is not followed.

--> No neoprene allowed except swimming cap.

The false starts will get a 5 seconds penalty. Maximum two races for each swimmers.

The organizer of the event is the only one competent to judge any claim or dispute and to validate registration.

The taken decisions will be without appeal

Every swimmer or team must be registered by the secretary of a winter swimming club or provide a medical check including a stress ECG, maximum one year old.

Download on http://www.traverseedelameuse.be/documents_uk.htm

In case of dispute the French version of the rules is valid

Registrations before : 19/2/2017 **To be sent to :**

COOL Huy - Rue du Marais, 120 - 4500 HUY
+32 478 / 59 10 83 meuse@traverseedelameuse.be

Useful Info :

Swimmers' meeting, Common Pool, Avenue Godin Parnajon, 5 à 4500 HUY

09h00 - 09h45 : Cap will be given, numbers will be written on shoulders

Changing room, showers and toilets at the pool.

3 Transports by bus between the finish area and the start area : **First bus at 10am**

Safety by boats and divers.

For all individual races :

Start : calling room, Quai de Compiègne. **Check in, 5 min before the start**

Finish, **between two yellow lines**, up stream of Europa bridge , Quai d'Arona

Minimal distance : 120 metres.

The number will be in the front of the cap.

The organizers could merge races. Timing could be tuned.

For the relay races :

Read details on the relay registration form.

Timing:

09h45 : Meeting of judges, referees and club representatives at **IPES school Av Delchambre, 6, Huy**

10h15 : Start of the first race.

13h00 : Drink and lunch at IPES restaurant. Special Belgian foods

15h00 : Awards ceremony at IPES theatre.

Gift to each swimmer. - 1st Award per category



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Race list :

N°

- | | | |
|---|--------------------|-------------------|
| 1 | Breaststroke Men | from 1983 to 1997 |
| 2 | Breaststroke Women | from 1983 to 1997 |
| 3 | Breaststroke Women | from 1968 to 1982 |
| 4 | Breaststroke Men | from 1968 to 1982 |
| 5 | Breaststroke Men | from 1958 to 1967 |
| 6 | Breaststroke Women | 1998 to 2008 |
| 7 | Breaststroke Men | 1998 to 2008 |
| 8 | Breaststroke Women | 1967 and before |
| 9 | Breaststroke Men | 1957 and before |

Pause and Demo 1/2 traversée

- | | | |
|----|------------------|-----------------|
| 10 | Free Style Man | 1968 to 1982 |
| 11 | Free Style Man | 1983 to 2008 |
| 12 | Free Style Women | 1983 to 2008 |
| 13 | Free Style Women | 1982 and before |
| 14 | Free Style Man | 1967 and before |

Pause and making ready for the relay

- 15 Mixt Relay 4 x crossing : 1 man, 1 woman, 1 breaststroke,
and the others are on your choice.
For the relay registration, please use the form here under.

NB : We allow classic breaststroke, including eyes in the water.
The start is « dry », you can either jump or dive. The wall is 2m high.

The registration of our races is free this year but if you like to support our event and want it will be a 51st edition, you can make a gift on the account of the club with « support » as remark. We thank you in advance.

COOL asbl IBAN : BE97 3631 3133 8949 BIC : BBRUBEBB



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Relay registration Form

<u>A Team :</u>	Name	First Name	2nd Race if cancelled
Swimmer 1 (breast.) :
Swimmer 2 :
Swimmer 3 :
Swimmer 4* :

<u>B Team :</u>	Name	First Name	2 nd Race if cancelled
Swimmer 1 (breast.) :
Swimmer 2 :
Swimmer 3 :
Swimmer 4* :

Relay Rules :

* 3 or 4 swimmers relay depending of the average flow of the river.

In case of flow lower the 400 sqm/s → 4 swimmers relay
 between 400 and 700 → 3 swimmers relay
 higher than 700 → relay cancelled.

The board will decide of the number of swimmers in the relay or to cancel depending of the weather.

Every swimmer of the team must have swam one and only one race before the relay.

Each team must include a man and a women.

The first swimmer MUST swim breaststroke.

The first team of each club is immediately registered. The second is a request. It will be registered depending of the vacancy places.

The members of the team can pre-register a second individual race, in case of 3 swimmers relay or cancellation.

The fourth swimmer on the list is the one who will not swim in case of 3 swimmers relay.

At the handover, the swimmer must jump or dive downstream of the point touched by his partner otherwise risk of 5 sec penalty.

At the handover, the swimmer must jump or dive taking care of the safety of the swimmers still in the water otherwise risk of 5 sec penalty or disqualification.

After the handover, the swimmer have to derive along the wall to the stairs.

The team members will wear the same cap. Please send a picture of the proposed cap to check and avoid same cap for different team.

Awarded points : read « City of Huy » Challenge rules